

## VALLEY REDS NEWS

#### HAPPY VALLEY BOWLING CLUB



- Allan Hughes
- Bert Eerden
- Doreen Michalski
- Rob Michalski

#### **SEASON OPENER:**

Friday 9<sup>th</sup> September at 6.00pm. Introduction from the Bowl's Director, Mark Taylor. Listen to Peter Barrett, Club Coach, & meet your 2022/23 Selectors. Presentation of 2021/22 Div 6 Sth Pennant badges. Please indicate on a sheet at the back of the clubrooms your preference for a pie/pasty. bar open. Tea/coffee.



Sunday 21<sup>st</sup> August at 2.00pm. Free screening of Crackerjack, the movie. Tea/coffee avilable. Bar open. All welcome.

#### EDITOR: Liz Dempster

#### ISSUE NO: 11 - AUGUST 2022

COACH'S CORNER – Peter Barrett

With Pre-Season not too far away, I'll run through this year's Coaching Plan on **Tuesday 30th August at 10.30am for all Pennant players**.

In addition, I would like to conduct a session in the Clubhouse called, "What Works What doesn't" which involves asking you 9 questions, with about 9 responses to each of the 9 questions. I would like you to rate each response by rating them from 0 response (unimportant to you when bowling) through to a 5 which is the most important thing to you, (or anything in between.)

At the end of the exercise, I'll give you the same responses to these questions from 34 of the best Bowlers in Australia. Come and see if you agree with them!

Bring your **own biro**, to mark your paper, you can take the results & your paper home with you for future reference.

I'll put out a sheet in the Clubhouse for you to register your attendance prior to the date, (because I need to know how many sheets to print off so that everyone that wants to participate can.)

Should be any interesting exercise.....see you then.

Regards

Peter

### **DIARY DATES:**

#### **SATURDAY PENNANTS:**

3<sup>rd</sup> Sep – Last day of winter social bowls

10<sup>th</sup> Sep – Internal Trial

7<sup>th</sup> Sep – Partial External trial vs Marion RSL (3 teams), rest Internal trial

24<sup>th</sup> Sep – External Trial vs MV (half @ HVBC). AFL GF day, trial will be 10am-1pm. Game will be on big screen & bar open.

CLUB SPONSORS Joe Maiorana Harcourts Tagni



Joe is an award-winning Sales Consultant who has worked in Real Estate since 2001. He has an astounding ability to blend soothing kindness, empathy and charming assertiveness into every buyer and seller experience. His aim is to make you feel number one. Your property experience is everything to him, he will personally handle all aspects of your sale and will be your primary point of contact. Joe will keep you regularly updated throughout the campaign, he will attend all open inspections and will handle all aspects of buyer follow-up and management throughout the campaign. So, when you are ready to sell, it's good to know that you will have the best Sales Consultant you can rely on to handle your sale with immense experience, maturity and calm. professional confidence, combined with highly effective strategies in marketing and negotiation. A strong believer in giving back to the Community, Joe proudly supports The Little Heroes Foundation. Harcourts Foundation, and a variety of sporting Clubs. M: 0407 275 960 E: joe.m4re@bigpond.com FB: joeMaiorana4realestate joe maiorana harcourts



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1<sup>st</sup> November 2022 Join us at HVBC for a 2course Melbourne Cup lunch. Watch the race on the big screen. Partake in a sweep. Get lucky with a ticket in our raffle, win the door prize or test your knowledge with racing trivia quizzes. There will be a pop-up Postie Fashion event for you to have a look at. Details TBA.

## Postie



JOIN US FOR A MURDER MYSTERY Christmas Caper Hosted by Thorin Cupit Christmas End-of-Year break-up Friday December 9 6.30pm for a 7.00pm start. \$20.00pp BYO nibbles. Tea/coffee Bar open.

#### **EDITOR: Liz Dempster**

1st Oct - External trial vs Beaumont

8<sup>th</sup> Oct – Partial External trial vs Christies Beach (3 teams), top 2 sides at HVBC

15<sup>th</sup> Oct – Pennant Round 1.

#### WEDNESDAY PENNANTS:

7<sup>th</sup> Sep – Last day of winter social bowls

14<sup>th</sup> Sep – Ext trial vs Brighton (@ Brighton)

21st Sep – External trial vs Christies Beach

28th Sep - Internal Trial

5<sup>th</sup> Oct – External trial vs MV

12<sup>th</sup> Oct – Pennant Round 1

#### **THURSDAY PENNANTS:**

6<sup>th</sup> Sep – Start Tuesday training

8<sup>th</sup> Sep – External trial vs MV

13th Sep – Ext Trial vs Marion

20th Sep - Ladies Training continues

29<sup>th</sup> Sep – Ladies vs men

13th Oct - Pennant Round 1

#### **OTHER DATES:**

11<sup>th</sup> Aug – meeting of selectors. (10am)

21st Aug – Welcome to new members (1pm)

6<sup>th</sup> Sep – Tuesday training starts

9<sup>th</sup> Sep – Season Opener (6pm)

 $2^{nd}$  Oct – Triple Treat Tournament – mixed pairs.

*This newsletter is kindly printed by Erin Thompson, MP for Davenport.* 

#### ISSUE NO: 11 - AUGUST 2022



#### Expressions of Interest for Open Gender Fitness

The Board is considering the feasibility of using our clubrooms as a venue for a regular Senior Fitness Class, possibly on a Friday morning.

Yuki Honda and her team of accredited Council of the Aging (COTA) instructors, run Senior Fitness classes for people 50+. Classes are jam packed with fun and energy and are designed to increase your strength, balance, and stamina with a never-ending smile.

There's plenty of great music to keep your body moving with a constantly changing exercise and aerobic program that means you'll never be bored! Classes are designed for people of all fitness levels.

Time, dates, and cost will be advised and will depend on numbers.

Register your interest by jotting your name down on the piece of paper located on the back pinup board.



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# Photos from A Night at the Races. Thanks for coming!













PLEASE SUPPLY A CONTACT TELEPHONE NUMBER AND EMAIL



HVBC welcomes these new and returning Pennant players to our Club. We hope that you thoroughly enjoy your season with us.

David Fries Dave Jackson Graham Hackett Rex Sachse Brenton Scholtz Gareth Greening Peter Jervis Vincent Smith Bob Burns Des Tierney Kym Michelbach Robert Marks Keryn Thomas Ricky Greening Graeme Bell Joe Ferencz

#### **RESTRICTED MEMBERSHIP**

Like many other Clubs, we ask non-HVBC members to pay \$50.00 restricted membership per year to use our greens for practice. If you see a non-club member using our greens, please introduce yourself and remind them that they are required to pay for the use of our greens They can call the Secretary, Peter Earl on 0419 290 722 to arrange payment details.









