

**VALLEY RED DOLLARS**

**CONGRATULATIONS TO OUR WONDERFUL VOLUNTEERS:**



Stephen Lockwood



**END OF SEASON PIZZA**

All Saturday, Wednesday and Thursday Pennant players are invited to join us back at the Club for some pizza to celebrate the end of the season on Saturday March 5<sup>th</sup> from 6pm (the last Saturday Pennant game of the season).

There is a sheet at the back of the clubrooms to indicate your interest (for catering purposes).



**COACH'S CORNER: PETER BARRETT**

Hi Everyone,

At the risk of the whole Club becoming DRIVE crazy, here are some tips for you when you're practising your DRIVES.....

**Drive (& Draw)**

Why drive?

- Put or take the jack into the ditch
- remove a bowl (or bowls) from around the jack.
- Open the area around the jack for further play. (e.g., to allow for a draw shot)
- KILL an end by hitting /removing the jack from the rink.

20/25 minutes I call it "Drive to survive."

**TIPS**

Rob Parella, the best driver in the world would take a long step and withhold his step until the last moment, until his backswing was complete, then launch off the matt with small arm movement.

- So, stay down on the shot resist the temptation to pull out of the delivery as soon as the bowls leaves your hand, (take two steps)
- take a long step.
- Keep your head & shoulders low.
- Follow through off the matt in a semi crouched position.

If you aim slightly to the side of the target, if you're not a fast driver, if your Fast go straight at the target.

- don't try to drive too fast to begin with.
- TIMING, work on & accuracy both are more important than speed.

**With PRACTICE you can improve 50%.**

Regards, Peter & the HVBC Coaches.

**"CLOSE CONTACT"**

In South Australia a 'close contact' is defined as:

- a household member or intimate partner of a person with COVID-19 during their infectious period
- someone who has had close personal interaction with a person with COVID-19 during their infectious period:
  - for 15 minutes or more and
  - where masks are not worn by the person and the COVID-19 case and
  - in close physical proximity (within 1.5 metres) and
  - in an indoor setting
- someone who has been notified by SA Health that they are a close contact
- someone who has been to an [exposure site](#) listed on the SA Health website.

People with COVID-19 are considered infectious two days before their symptoms started or if they didn't have any noticeable symptoms, they are considered infectious two days before they had their positive COVID-19 test taken. The infectious period ends 10



**NEWS FROM THE TOURNAMENT DIRECTOR, BOB SCHULTZ:**

Planning is underway for the Joe Maiorana, Harcourts Tagni, **TRIPLE TREAT MIXED PAIRS EVENT**, pencilled in for Sunday 27<sup>th</sup> March. The format will be:  
 1<sup>st</sup> game of 2 4 2  
 2<sup>nd</sup> game of 3 bowl pairs  
 3<sup>rd</sup> game of 2 2 2 2

The day will be a 9.30 for 10am start. The cost will be \$25.00pp and include morning tea, a 2-course catered lunch and afternoon tea.

**CLUB CHAMPIONSHIPS**

Sunday the 20th of Feb at 10.00 am:

**Ladies & Men's Singles Finals:**

Men's - Bruce Noll V Terry Steed

Women's - Sandy Barnes V Mary Baum

**Semi-finals of the men's and Ladies pairs:**

Sunday 13<sup>th</sup> of Feb.

**1st round of the triples** is Tuesday 1st March 6.00pm

**1st Round of the fours** is Friday 25th Feb 6.00pm

The history of any Club should be treasured and valued and recently I asked Beryl May, a HVBC Foundation and Life Member, to recall the beginnings of our Club. Here is what Beryl wrote:

The early foundation of the Club was instigated by the late Max Gage, who was at that time, a member of the Meadows Bowling Club and had just moved into the area.



some thirty to forty people, both male and female.

As a result, two committees were formed in early 1983, one for men and another for ladies. The Club was then registered, with the first Men's Club President being Max Gage and the first Ladies Club President was Jean MacIntosh. I am proud to have been a member of that Committee.

The Meadows Council (now the Onkaparinga Council) was approached for help and very soon, land was granted for the purpose of our Club.

Early Committee meetings were held at the homes of Max Gage and Jean MacIntosh. Very soon, working bees were formed and were very well attended by both men and women, with a lot of hard work being done to



create and develop the greens and the surrounds. After a period of levelling the ground etc., A Green was seeded by the ladies of the Club, who formed a "chain" across the green to distribute the seed by



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days after they had their positive test taken.

With a high number of cases in the community close contacts may not receive an SMS from SA Health. If you know you are a close contact, please do not wait to be contacted – get tested and quarantine immediately.

If you do not meet the above definition of a close contact, monitor yourself for symptoms and get a PCR test as soon as any COVID-19 symptoms develop. *As a guide* to isolation times as of writing this: if you test positive you need to isolate for 10 days from when you took the test. If you are a "close contact" you must get a test and quarantine immediately for 7 days. If the first test is negative have a second test on day 6. A negative day 6 test is required for release from isolation.

If you cannot isolate independently from the positive case, different isolation rules apply.

<https://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/conditions/infectious+diseases/covid-19/testing+and+tracing/close+contacts>

**Please note that at all bowling clubs you are required to sign in manually or with your QR code, to use the hand sanitiser provided and to socially distance from others. You MUST wear a mask indoors and be seated to consume beverages or food.**



Ako's Cartoon Products available at [www.lawnbowlinghypnosis.com](http://www.lawnbowlinghypnosis.com)



Government of South Australia

Our President, Mary Baum is pleased to announce that both the Labor and Liberal Parties of SA have pledged \$110,000 to HVBC (in their pre-election promises), which will be used to upgrade the toilet/bathroom facilities at our Club. Great news!



### SAVE THE DATE:

**Saturday May 7<sup>th</sup> is earmarked for our Annual Presentation Dinner. 6.00pm for a 6.30pm start. More details later!**

*This newsletter was kindly printed by Steve Murray, Member for Davenport.*

hand. This operation was supervised by the late Jim Light who was our first Green Keeper and he continued to manage both greens through those early years.



While this was taking place, the building of the Clubrooms was in progress with some of the labour being performed (under supervision), by young people from the "work for the dole" scheme, or R.E.D Scheme as it was known in these days.

Bowls began in Sept/Oct 1983 with practice and matches being played at the Morphett Vale Bowling Club. For the first year or two, Morphett Vales was treated as our "Home Club", and our home games were played on their greens. We could practise on their greens on Tuesdays after 1pm.



As our greens became useable, and the Clubrooms began to

take shape, matches could be played at Happy Valley during the 1984/5 season. With no roof on the Club House at this stage, afternoon tea was supplied by the ladies who served from trestles, and a plank between two drums with a tub of ice, became a makeshift bar selling bottled beer and cool drinks.



Until the Clubrooms were completed, members and visitors had to use the amenities at the Happy Valley Football Club.

During the early days to get the Club on its' feet, a lot of hard work was done by Club Members raising funds with progressive dinners, fashion parades, "Bull and Bush" evenings, concerts, bingo and raffles.

We owe a great debt to the many people who have helped HVBC progress through the years from very humble beginnings. Thank you, Beryl, for your contribution to the HVBC over many years.

### PENNANT LADDERS:

#### WEDNESDAY MEN:

Div 1	6th
Div 3 Red	5th
Div 3 White	11th
Div 4	10th

#### THURSDAY LADIES:

Premier	6th
Div 2	4th
Div 3	4th

#### SATURDAY OG

Div 2	7th
Div 4 Red	2nd
Div 4 White	10th
Div 6 Red	2nd
Div 6 White	9th

### CLUB SPONSORS



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